



# ROTARYNAMA

*Club Magazine of Rotary club of Nasik*

रोटरी प्रांत ३०३०

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२०२४

Issue No. 1

मुल्य ₹ २



*A small change  
Big Impact*

## रोटरी क्लब ऑफ नासिकचे मासिक मुखपत्र

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# RI PRESIDENTIAL MESSAGE



**Stephanie A. Urchick**

Rotary International President 2024-25

Rotary is at its best when we foster a sense of inclusion and belonging in our clubs. In fact, I would go so far as to say that belonging is The Magic of Rotary itself.

With a focus on inclusivity and belonging, it is easier to be united in a common purpose. When we are committed to one another and focused on our goals, we are most effective.

Rotary's Action Plan can help. The Action Plan comes with tools you can use to collect feedback, assess your club's strengths and weaknesses, and address challenges.

The world is changing, and our clubs can't afford to stand still. But the changes we make need to be consistent and strategic — building on one another toward a greater vision. The Action Plan can help you work toward that vision and create effective change within your club. Following the Action Plan and addressing suggestions from the community will go a long way to fostering the sense of belonging we want all Rotary members to feel in their clubs.

That's why expanding our commitment to diversity, equity, and inclusion is so important. Committing ourselves to each other's well-being is the first step to expanding our reach, allowing us to spread Positive Peace in these troubled times.

Peacebuilding is one of our top priorities, and one of the most effective ways we can build peace is with our Rotary Peace Fellowships, through which peace and development professionals learn how to prevent and end conflict.

We offer the fellowships through our Rotary Peace Centers at leading universities around the globe, where more than 1,800 Rotary Peace Fellows have graduated. And thanks to a \$15.5 million gift from the Otto and Fran Walter Foundation, we can continue supporting peacebuilders in more regions with the next peace center at Bahçeşehir University in Istanbul.

Opening another peace center is a monumental achievement, and it is my great honor to invite you to celebrate at next year's Rotary Presidential Peace Conference at the Istanbul center. The three-day conference 20-22 February will highlight the many ways our family of Rotary advances peacebuilding. Registration for the conference is officially open. I hope to see you there.

The 2025 Rotary Presidential Peace Conference has great potential for our peacebuilding efforts — but only if we have your support.

The truth is, we're not going to bring peace to the world, end polio, or grow membership by waving a wand and saying some funny words. It's up to you. You create the magic with every project completed, every dollar donated, and every new member inducted.

I love my Rotary family and I know you do too. That's why I know that together, we can make every club and district simply irresistible. This year, let us change the world by embracing The Magic of Rotary.





## KNOW YOUR District Governor

**Rtn Rajinder Khurana**  
District Governor

Rajinder Singh Khurana is a second-generation Rotarian. Rotary has been ingrained in him right since childhood as his father was President of R C Nagpur East in the year 1971-72. Born in Murtizapur, he did his initial schooling in Nagpur & Ernakulam. He graduated as Mechanical Engineer from Pune. After graduation, he shifted to Bhopal, where he worked as a freelance Surveyor & Loss Assessor. In 1990, he shifted to Nagpur & set up two firms, both dealing in marketing of surgical items. In 2012, he along with his brother, set up a 30 bedded Hospital in Nagpur. He was Director of this Hospital till 2018 & presently he is a shareholder in this Hospital.

He joined R C Nagpur West in the year 2001 & after holding various positions in the club, he became President of the club in the year 2008-09. His Presidential year was marked by many significant projects including the Cleft Lip & Cleft Palate surgical camp, in association with Northern Cleft Foundation, UK, which continued for 11 years & has benefited 1150 patients who have been operated successfully. In his Presidential year, the club received many prestigious awards, including District Trophy for the Best Work done under all the four avenues of service & the trophy for the best work done under community service.

The club also received the RI Award for the Best Cooperative Project & the RI President's Citation. He has worked extensively at the district level with distinction & has occupied various positions including the position of District Secretary in 2011-12 & 2017-18, District Public Relations Chair, District Youth Exchange Chair for six years, District Global Grants Chair, District Annual Fund Chair, District Grants Sub-committee Chair and many more. For his dedicated work, he was bestowed with the Edul C Eduljee "Foots Step To Follow" Award in 2017- 2018 & Citation for Meritorious Service to The Rotary Foundation 20-21. He is happily married to Rtn. Ginny, who is a lawyer. They are blessed with two daughters Tashwin & Rhythm.

He has widely travelled around the World & loves to play Golf and making friends. He is a Major Donor & his entire family is also PHF.

**Rotary**  
Club of Nasik  
Est. 1945







# “Let magic of Rotary make a visible difference to society”

**Rtn Omprakash Rawat**  
President, RCN

Dear fellow Rotarians,

We marked beginning of the 80th Rotary year with a grand tree plantation program. I am presenting a brief outlook of the yearly program which we intend to undertake with your active involvement.

## **Women empowerment and Girl Upliftment**

Interact activities as well as Medical and Non-Medical community projects will be carried out as per our theme.

## **Rotary Identity**

Visiting cards will be printed for all members with focus on lady members with rotary logo and four-way test printed on the card.

## **Tuesday Knowledge series**

One Tuesday of each month will be dedicated for knowledge based interactive lectures from experts.

## **Rotary Sunday Nature Trail**

Members will be taken for outing to very scenic locations. This trail will be open for all Rotarians of the Nashik enclave

## **Rotary Katta**

Katta will be organised once every month for informal gupshup on subjects based on personal interests and hobbies.

## **Industrial visits**

We will plan 4 visits (once every quarter) to mega establishments like HAL, Mahindra and Mahindra, Artillery, Mylan etc.

## **Foundation day celebration**

80th foundation day will be celebrated on 23rd March. Day long events will be organised involving all Rotarians of the Nashik enclave

## **Rotary Hat Bazar**

Day long Haat Bazar for small lady entrepreneurs at Udoji Maratha boarding

## **Rotary Cultural Night**

This will be power packed program with live orchestra and performances by Rotary family

## **School and Village adoption**

Two city schools will be adopted to enhance academic, sports, Health and technical skills of students

## **Medical camps**

Blood donation and Medical and health checkup camps in association with regional blood bank and NAMCO Hospital will be planned for urban underprivileged beneficiaries

## **Environment**

Focus will be on water conservation, tree plantation, curtail plastic movement

In arranging all this programs, we will be open for association with like-minded NGOs and fellow Rotary clubs.

Together we will make it happen, let magic of Rotary make a visible difference to society.



## Secretarial Remark

**Rtn. Shilpa Parakh**  
Secretary Admin

Dear Fellow Rotarians and Friends,

It is with great enthusiasm and a profound sense of duty that I step into the role of Secretary for this Rotary year 24-25. Our club has a storied history of service, camaraderie, and impactful initiatives, and I am honored to contribute to this legacy.

Vision for the Year

This year, our focus will be on three key pillars:

- 1. Community Engagement:** We aim to deepen our connections within the community, identifying and addressing local needs with innovative solutions. Our projects will be designed to create lasting positive change, reflecting our commitment to Service Above Self.
- 2. Member Development:** The strength of our club lies in its members. We will invest in professional and personal development opportunities, fostering leadership and ensuring that every member feels valued and empowered to contribute their unique skills and perspectives.
- 3. Partnerships and Collaboration:** Building and nurturing partnerships with local businesses, other Rotary clubs, and international entities will be crucial. Through collaboration, we can expand our reach and amplify our impact.

### Goals and Initiatives

Our ambitious goals for this year include:

**Launching New Projects:** From health and education to environmental sustainability, we will initiate projects that address critical issues and bring tangible benefits to our community.

**Enhancing Rotary Awareness:** We will work on increasing public awareness about Rotary's mission and achievements, encouraging more people to join our cause.

**Strengthening Fellowship:** Through regular meetings, events, and social activities, we will strengthen the bonds between our members, creating a supportive and dynamic club environment.

Gratitude and Acknowledgements

I would like to extend my heartfelt thanks to our President, fellow officers, and all members of our club for their unwavering support and dedication. Your passion and hard work are the foundation of our success. I also wish to acknowledge the families and friends who stand by us, offering their encouragement and support.

Looking Ahead

As we set forth on this journey, let us embrace the challenges and opportunities that lie ahead with optimism and determination. Together, we can achieve great things and leave a lasting legacy of service and excellence.

Thank you for entrusting me with this responsibility. I look forward to working with each of you to make this Rotary year extraordinary.







## Secretarial Remark

**Rtn Hemraj Rajput**  
Secretary Projects

नमस्कार रोटेरियन मित्रांनो. रोटरी क्लब चे नवीन वर्ष एक जुलै 2024 पासून सुरु झाले. प्रथम मी प्रेसिडेंट व सेक्रेटरी यांचे आभार मानतो की त्यांनी मला याही वर्षी सलग दुसऱ्यांदा प्रकल्प सेक्रेटरी या पदावर काम करण्याची संधी दिली. या जबाबदारीमुळे माझा उत्साह दुगुणीत झाला आहे. मला आशा आहे की विविध सेवाभावी प्रकल्प करताना येणाऱ्या आव्हानांना नवीन बोर्ड व रोटरी सदस्यांच्या सहकार्याने अधिक जोमाने काम करता येईल. दरवर्षीप्रमाणे या वर्षाची सुरुवातही पयविरण अशा ट्री प्लान्टेशन होत आहे. आपला क्लब दरवर्षी नवीन संकल्प व योजना, प्रकल्प घेऊन कामाला सुरुवात करतो. नाविन्यपूर्ण समाज उपयोगी सर्वसमावेशक प्रकल्पाची यावर्षीही आपण नियोजन केले आहे. या प्रकल्पांमध्ये जास्तीत जास्त रोटरी सदस्यांनी सहभागी करून घेण्याचा मानस आहे. यावर्षी बहुतेक सारे प्रकल्प महिला सक्षमीकरण, युवकांना कौशल्य, शेती, पाणी, पयविरण संरक्षण यावर आधारित नियोजित आहेत. मला खात्री आहे की यासाठी लागणारा आर्थिक भार आपल्या सर्व सदस्यांच्या सहकार्याने सहज उभा राहील. त्यामुळे आपण जास्तीत जास्त समाज घटकांपर्यंत पोहोचवून त्यांचे जीवनमान सुधारण्याच्या कामात प्रयत्नपूर्वक हातभार लावू. या विविध समाजपयोगी प्रकल्पात आपण स्वेच्छेने सहभागी होऊ शकतात.

आपला क्लब सदस्य संख्येने सर्वात मोठा क्लब आहे. तसेच विविध समाज उपयोगी उपक्रमांनी रोटरी इंटरनॅशनलच्या आव्हानानुसार आपण वर्षभर प्रकल्प व उपक्रम राबवत असतो. आपल्याला काही नवीन उपक्रम सुचवायचे असतील, काही नाविन्यपूर्ण सूचना असतील त्याचा आम्ही नेहमी विचार करू व त्या सूचनांचा या प्रकल्पांच्या यशस्वीतेसाठी हातभार लागेल याची मला खात्री आहे. माझे रोटरी सदस्यांना आवाहन आहे की आपण आपल्याकडे नाविन्यपूर्ण सूचना व प्रकल्प घेऊन पुढे या व जास्तीत जास्त सहभाग घ्या. आपल्या क्लबच्या वतीने शेतकरी ग्रामीण मजूर महिला बचत गट यासाठी शेतकरी बाजार कृषी मंथन कौशल्य प्रशिक्षण वृक्ष लागवड रेन वॉटर हार्वेस्टिंग, बंधारे तील गाळ काढणे इत्यादी उपक्रम राबवले जातात. गेल्या पाच वर्षात या उपक्रमांमुळे शेतकरी व ग्रामीण भागात खूप मोठा बदल व आर्थिक उत्पन्न वाढीस हातभार लागला आहे. हे प्रकल्प व उपक्रमात सातत्य असल्यामुळे त्यांचा समाजावर खूप मोठा उपयुक्त परिणाम दिसून येत आहे.

रोटरी वर्ष 2024-25 मध्ये अशाच या सर्व योजनांचा प्रकल्प राबविले जातील यात आपला सहभाग वाढेल व समाजाच्या प्रत्येक वंचित घटकांना आपल्याला फायदा मदत करून देता येईल. नवीन वर्षाच्या रोटरी नाशिकच्या सर्व सदस्यांना खूप खूप शुभेच्छा. धन्यवाद रोटरी हेमराज राजपूत सेक्रेटरी प्रकल्प रोटरी क्लब ऑफ नाशिक





## “Let’s create, connect, and celebrate!”

**Rtn Ameet Choughule**

Editor - Rotarynama

Dear Readers,

Welcome to the first edition of our magazine this year! As the newly appointed editor, I am thrilled to connect with you through these pages. Rotarynama, the voice of Rotary Club of Nashik, has always been a platform for sharing stories, ideas, and inspiration set forth by our club members through various projects, events, fellowship activities.

Our first edition for the new Rotary year has important message and guidance by our leaders from Rotary International, District 3030 and our own club. It introduces our new team, our grand start with tree plantation, Shetkari Bazaar and nature trail. Our readers get to know about a new radio series initiative – Arogyamala, new informative series – Numerology. Additionally, we have a new feature – “Rotary Katta” which is exclusive members only corner.

Now, I invite you to be an active part of this vibrant community. We’re not just looking for articles. Share your poems, travelogues, recipes, outstanding photographs or personal reflections. If you, or immediate family member have been recipient of award, we all Rotarians should celebrate in our “apna” magazine. When you contribute, you strengthen our community. Your stories can inspire, educate, and empower others. Let’s weave a tapestry of shared experiences.

Businesses, organizations, and individuals, take note! Our magazine reaches thousands of engaged readers. Advertise with us and support our cause. Our advertorial rates offer good package rates if you book slots for all 6 editions.

Together, We Shine Brighter. Let’s make this year’s magazine unforgettable. Reach out to us at [achougoo@gmail.com](mailto:achougoo@gmail.com) with your contributions.

Thank you for being part of our journey. Let’s create, connect, and celebrate!

### Advertisement rates for Rotarynama

Advertise Size	Rates
Front or Back cover inner page	₹ 10000.00
All six issues of Front or Back Inner page	₹ 50000.00
Regular Full page	₹ 6000.00
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# ROTARY CLUB OF NASIK BOD MEMBERS



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**Rtn. Shilpa Parakh**



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**Rtn. Hemraj Rajput**



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Sargent-At-Arms-III  
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Club Facilitator (Trainer)  
**Rtn. Mugdha Lele**



Principal Advisor  
**Rtn. Rajiv Sharma**



# Project committees and Chairpersons

<b>Rtn Vijay Dinani</b> Nashik Bhooshan Committee	<b>Rtn Chetan Pawar</b> Rotary Farmers Market committee
<b>Rtn Surekha Rajput</b> Nation Builder Award Committee	<b>Rtn Raj Talreja</b> RYLA Committee
<b>Rtn Vidyulata Tated</b> Women empowerment project committee	<b>Rtn Manish Chindhade</b> Swar Netra Committee
<b>Rtn Dr Shreeya Kulkarni</b> 80th foundation day celebration committee	<b>Rtn Anil Sukenkar</b> Micro credit finance
<b>Rtn Rajeshwari Balajiwale</b> Rotary Hat Bazar Committee	<b>Rtn Mugdha Lele</b> Rotary Cultural Night committee
<b>Rtn Amit Pagare</b> Sunday Nature Trail committee	<b>Rtn Salil Kelkar</b> Tuesday Knowledge series committee
<b>Rtn Amit Pagare</b> Meet and Greet Committee	<b>Rtn Dr Neha Vidhate</b> Rotary Arogyamala Committee
<b>Rtn Dr Swapnil Vidhate</b> Ujwal Drishti Abhiyan committee	<b>Rtn Mangesh Apshankar</b> Global Grant committee
<b>Rtn Dr Gaurav Samnerkar</b> District Conference committee	<b>Rtn Dr Purushottam Puri</b> Blood Donation Committee
<b>Rtn Urmila Deodhar</b> Inter District cultural exchange committee	<b>Rtn Anuja Choughule</b> Rotary Identity card committee
<b>Rtn Shubhda Deshmukh</b> Cycle Distribution Committee	<b>Rtn Leena Kulkarni</b> Social Media Promotion

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# वृक्षारोपण : रोटे. अनुजा चौघुले



रोटरीक्लब ऑफ नाशिकचे नवे रोटरी वर्ष 1 जुलै 2024 पासून सुरु झाले. रोटरी क्लब ऑफ नाशिकने 80व्या वर्षात पदार्पण केले आहे. 1 जुलै रोजी कृषि दिन, डॉक्टर्स डे आणि सीए डे ह्याच औचित्यासाधून वृक्षारोपणाचा कार्यक्रम उत्तमरीतीने राबवला. अनेक रोटेरियन्स समवेत प्रेसिडेंट रोटे. ओमप्रकाश रावत, सेक्रेटरी रोटे. शिल्पा पारख आणि रोटे. हेमराज राजपुत, एनव्हायरमेंट डायरेक्टर रोटे. रफिक वोरा, मंथ डायरेक्टर रोटे. उन्मेश देशमुख, मंथ लिडर रोटे. अनुजा चौघुले आणि मंथ लिडर रोटे. सलिल केळकर ह्यांच्या संयोजनाने पार पडला. तसेच

पास्ट प्रेसिडेंट रोटे. प्रफुल बर्डिया, प्रेसिडेंट इलेक्ट रोटे. गौरव समनेरकर, रोटे. अनिल सुकेणकर आणि डायरेक्टर - क्लब ऍडमिनिस्ट्रेशन रोटे. विनायक देवधर ह्यांनी देखिल वृक्षारोपण केले. रोटे. डॉ. राजेंद्र नेहेते ह्यांचा वाढदिवस देखिल ह्या निसर्गरम्य वातावरणात वृक्षारोपण करून साजरा करण्यात आला.



श्री राम शक्तिपीठाच्या निसर्गरम्य परिसरात अतिशय उत्साहाने रोटरीच्या सभासदांनी विविध प्रकारची जवळ जवळ 350 झाडे लावली. ह्या वृक्षांची निगा राखण्याचे काम आश्रमाचे स्वयंसेवक करतील असे आश्वासन देखिल त्यांनी दिले आहे. वृक्षारोपणाचा हा कार्यक्रम श्री राम शक्तिपीठ आणि वृक्ष संवर्धनासाठी समर्पित, हिरवांकुर संस्था ह्यांच्या सौजन्याने संपन्न झाला. निसर्गाच्या कुशीत बसलेला हा आश्रम, भारतीय सनातन परंपरेनुसार गुरुकुल शिक्षण पद्धतीचे जतन करत आहे. ऋषिमुनींच्या तपाने आणि महादेवाचा सहवास लाभलेल्या ह्या परिसरात काळ्या शिळेतलं सुंदर हनुमानाच

देउळ आणि गोशाळा देखिल आहे. हा परिसर आणि एकूणच नाशिक शहर असेच निसर्गरम्य राहण्यासाठी, अनेक वृक्ष जागो जागी लावण्याचा रोटरी क्लबने संकल्प केला आहे आणि तो पूर्णत्वास आणण्याचा नक्कीच प्रयत्न केला जाईल असेही प्रेसिडेंट रोटे. ओमप्रकाश रावत ह्यांनी सांगितले.

वृक्षारोपण आणि वृक्षसंवर्धन ही काळाची गरज जाणून पर्यावरणाची रक्षा करण्याची जबाबदारी प्रत्येक नागरिकाची आहे, तेव्हा झाडे लावा आणि झाडे जगवा हा मंत्र प्रत्येकाने आमलात आणूया.





## History of Tree Plantation in Rotary:

In the fall of 1932, Harris embarked on a five-week tour of European Rotary clubs and planted trees along the way. The first tree was planted in Berlin. The planting occurred in a sports platz formerly devoted to war purposes, and a large number including Rotarians, city officials, and others were in attendance. Later in his tour of Europe, Harris also planted trees in Estonia, Norway, and Sweden.

Planting trees became a hallmark of his travels, including in Australia, Brazil, Japan, Mexico, and New Zealand. In "My Road to Rotary," Harris recalled, "With the cooperation of Rotarians and local governments, I have planted friendship trees in the parks and playgrounds on five continents of the world and even on some of the major islands of the seas. Our trees stood as symbols of international understanding and good-will."

Not all of the trees were planted outside the United States. The Harrises often entertained visiting Rotarians and dignitaries in their Chicago home and planted trees with their guests to mark the occasion. They called the garden their Friendship Garden.

Ever since, Rotarians have planted trees in the name of fellowship, friendship, and community service. These trees, which can be found worldwide, have grown into enduring monuments of Rotary's ideals.

Rotary Club of Nashik, also plant trees on its first day of the new Rotary Year – July 1. In 2023, the tree plantation was undertaken at Belgaon Dhaga site and in year 2022, it was at Panjrapol. However, note that RCN also conducts similar initiatives such as the Development of Ghanavan at STICE Sinnar, because we understand its significance as below:

**Carbon Storage:** Trees are ultimate carbon storage

machines. They absorb carbon dioxide from the atmosphere during photosynthesis, locking it away. Restoring forests on a large scale can help offset carbon emissions.

**Biodiversity and Ecosystems:** Tree planting improves wildlife habitat connectivity and supports biodiversity. It helps preserve natural ecosystems and provides shelter for various species of insects, reptiles, birds and animals.

**Air Quality:** Trees act as natural air filters, removing harmful pollutants from the air. They also produce oxygen, which is essential for us to breathe.

**Water Conservation:** Trees help conserve water by reducing soil erosion and maintaining soil moisture. Their roots stabilize the soil, preventing runoff and maintaining water quality.

**Climate Control:** Forests regulate local climates by providing shade, reducing temperatures, and creating rain through water vapor transpiration. Tropical rainforests, in particular, play a crucial role in climate regulation.

**Economic and Social Benefits:** Tree planting projects create jobs in farming and forestry, contributing to economic welfare..





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## Transforming Health Through Radio Series



In an age where technology permeates every aspect of our lives, the power of radio continues to resonate, especially in spreading awareness and education. The Rotary Club of Nasik harnesses this timeless medium through its innovative series, Rotary Arogya Mala, a beacon of health education and awareness.

### **The Vision Behind Rotary Arogya Mala**

The Rotary Club of Nasik, renowned for its community service and dedication to public welfare, embarked on the Rotary Arogya Mala series to address the critical health issues facing the community. The primary goal is to disseminate accurate, actionable health information to the public, especially targeting rural areas where access to medical information is often limited.

### **Bridging the Health Information Gap**

Health literacy is a fundamental right, yet many individuals remain uninformed about basic health practices and preventive care. The Rotary Arogya Mala series aims to bridge this gap by broadcasting

episodes that cover a wide range of health topics, from common ailments to preventive health measures and wellness tips.

### **Leadership and Expertise**

The success of Rotary Arogya Mala can be attributed to the dedicated team behind the scenes. Dr. Neha Meher Vidhate, the leader of the Arogya Mala series, brings her extensive knowledge and passion for public health awareness. The series maintains a high standard of medical accuracy and relevance.

The support from the Rotary Club's leadership is also instrumental. Club President Omprakash Rawat, Secretary Shilpa Parakh and Hemraj Rajput, Medical Director Makarand Chindhade have been pivotal in driving the initiative forward, ensuring it aligns with the club's mission and goals.

### **Diverse and Expert Voices**

One of the strengths of Rotary Arogya Mala is its diverse array of expert voices. Each episode features renowned healthcare professionals, including doctors, nutritionists, and mental health experts, who provide credible and reliable information. Their insights help demystify complex health issues, making them understandable and actionable for every listener.

### **Community Engagement and Impact**

The series is not just a one-way communication channel. Rotary Arogya Mala actively engages with its audience through interactive segments where listeners can call in with their questions and concerns to the radio. This direct engagement ensures that the content is relevant and addresses the real needs of the community.

### **Future Directions**

Looking ahead, the Rotary Club of Nasik plans to expand the reach of Rotary Arogya Mala. Efforts are underway to integrate the series with digital platforms, allowing for a broader audience and increased accessibility.

### **Conclusion**

The Rotary Arogya Mala series exemplifies the Rotary Club of Nasik's commitment to fostering a healthier, more informed community. By leveraging the power of radio, the club has created a vital resource for health education, proving that even in the digital age, the radio remains a potent tool for positive change.

For more information on the Rotary Arogya Mala series, tune in to

RADIO VISHWAS 90.8 COMMUNITY RADIO

DAY: EVERY SATURDAY FROM MONTH OF JULY 2024

TIME 7:30AM MORNING AND REPEAT 8:30PM EVENING







मित्रहो आपल्या क्लबचं मुखपत्र म्हणजे रोटरीनामा ,काहीतरी नवीन रंजक माहितीपूर्ण सदर या मुखपत्रात असावं असा प्रयत्न नेहमीच केला जात असतो. अंकशास्त्र म्हणजेच "न्यूमेरोलॉजी" या विषयी माहिती घेण्यासाठी ही लेखमाला सुरु करत आहोत...

मानवी जीवनात आपण अनेक समस्यांना तोंड देत असतो, आपले जीवन अतिशय संघर्षाचे आहे कारण सतत एक प्रकारची अस्थिरता आपल्याला सतावीत असते. मनुष्य स्वभावात भविष्याबद्दल प्रचंड उत्सुकता आहे, भविष्यात काय होईल किंवा आयुष्यात आलेले आडीअडचणीत काय करावे हे माहीत करून घेण्यासाठी आपण ज्योतिष्या कडे जातो, वास्तुशास्त्र किंवा टॅरो कार्डचा आधार घेतो.

का बरं आपण असे करतो ...? तर आपल्या भविष्यातील समस्यांचा सामना योग्य प्रकारे करता यावा किंवा येणाऱ्या समस्यांमुळे होणारं संभाव्य नुकसान टाळता यावं यासाठी अंकशास्त्र आपणांस नक्कीच मदतनीसाच काम करू शकते.

अंकशास्त्र तसं खुप प्राचिन आहे. ग्रीक संस्कृतीमधील ते पायथागोरस नावाने ओळखला जातं, चिन मध्ये ते लोशु अंकशास्त्र नावाने ओळखले जाते, तर आपल्या भारत देशात आपण वैदिक अंकशास्त्र परिचित आहे.

अंकांचा संबंध आपल्या दैनंदिन जीवनात नेहमीच येत असतो. येन केन कारणाने आपण अंकांशी निगडित कामं कळत नकळत करीत असतो. आपली जन्म तारीख, नांव, गांव, व्यवसाय, नोकरी उद्योग, यामध्ये अंकाबरोबर आपण नक्कीच जोडलेले आहोत. अंकशास्त्र एक शास्त्र आहे जे अंकाच्या अनेक चाचपणी ने जोडलेले आहेत. आता बघा ना, अंकशास्त्र काय करू शकते. एकघाच व्यक्तिमत्व कसं असेल, भविष्यात काय दडलंय, एखादी विशिष्ट घटना घडणार आहे का? केंव्हा घडणार आहे? एखाद्या गोष्टी बाबत आपण अंदाज व्यक्त करू शकतो ते अंकशास्त्राच्या अधारेच, आहे ना गमतीशीर.

वरकरणी बघतांना अंकशास्त्र खुप सोपे सरळ वाटेल, पण एखादा अंदाज बांधताना सखोल अभ्यास करवा लागतो, अनेक गणना आहेत, तंत्र आहेत, ठोकताळे आहेत. यामध्ये जीवनातील टप्पे आहेत, आत्मा संबन्धित संख्या आहेत, व्यक्तिमत्वा संबन्धित संख्या आहेत, नशिवा संबन्धित संख्या आहेत, कार्मिक चक्रा संबन्धित संख्या आहेत, आशा एक ना अनेक गोष्टींचा सखोल अभ्यास आहे. एकाद्या व्यक्तिचा स्वभाव अंकशास्त्र सांगू शकते, तो दिसायला कसा असेल याचा कायस बांधला जावू शकतो, एकादि विशिष्ट संख्या त्याच्या जन्म तारखेत असणे किंवा नसणे यावरून हे सांगता येते.

मित्रांनो अंकशास्त्र गुढ आहे, विस्मयकारक आहे, उत्कण्ठा वाढवणारे आहे. आपण या लेखमालेतून बऱ्याच गोष्टी बदल महिति मिळवणार आहोत, जसे की कोणता नंबर आपल्या गाडीचा असावा, तुमचा लकी नंबर कोणता आहे, कोणता मोबाइल नंबर आपणांस लाभदायक असू शकतो, एक ते नऊ या क्रमांका मधील कोणते आपणास लकी आहेत, अशा अनेक गोष्टींवर आपण ह्याच लेखन मालिकेतून जाणुन घेणार आहोत. कसा वाटला अंकशास्त्र वरिल हा लेख, आपला अभिप्राय जरूर कळवा.

**रोटे. उर्मीदिनानी - सर्टिफाइड न्यूमेरोलोजिस्ट.**

**(शब्दांकन - रोटे. सुधीर जोशी)**



**Utkarsh Ekta Sameer Agrawal,**  
Son of Rtn Ekta Sameer Agrawal,  
selected as Head Boy 24-25 in  
Ashoka Universal School,  
Wadala, Nashik.



6th July Rtn. Avinash Shirode received  
**Lifetime Achievement Award** from  
the Architects and Engineers Association  
Nashik. 12th July he received  
**Suryadatta Excellence Award 2024**  
from Suryadatta Institute of Scientific  
Research and Development Centre, Pune.

**Congratulations**  
Cleared CA intermediate  
both groups.



**Sahil Chindhade**  
Son of Sonali &  
Manish Chindhade



**Rishi Parakh**  
Son of Shilpa &  
Shashikant Parakh

**ROTARY**  
Katta





रोटरी शेतकरी बाजार म्हणजे नाशिक मधील सर्वात नावाजलेला सेंद्रिय भाज्यांचा बाजार. शेतकरी बाजाराचे वैशिष्ट्य म्हणजे भाज्यांचे भाव! बाहेरच्या भाजी बाजारात भाज्यांचे भाव कमी जास्त होत असतात पण शेतकरी बाजारात मात्र ते कायमच स्थिर असतात.

गेली 5 वर्षे सलग डिस्ट्रिक्ट लेवलवर शेतकरी बाजार दिमाखात राबवला जात आहे.

नवीन रोटरी वर्षातील पहिल्या रोटरी शेतकरी बाजाराचा शुभारंभ प्राध्यापक डॉक्टर भास्कर ढोके यांच्या हस्ते, रविवारी दिनांक 7 जुलै 2024 रोजी, उत्साहात संपन्न झाला. डॉ. ढोके यांनी नारळ फोडून आणि उधोजी महाराजांच्या पुतळ्याला पुष्पहार घालून या बाजाराचा शुभारंभ केला. याप्रसंगी रोटरी शेतकरी बाजार मेंबरशिप कार्ड आणि कापडी पिशव्यांचे वितरण सुद्धा प्रमुख पाहुण्यांच्या हस्ते करण्यात आले.

आजचा बाजार सुरू होण्याच्या तासाभरापूर्वीच भाजी घेणाऱ्यांची रांग लागली होती. पदापणातच रोटरी मेंबरशिप कार्ड योजनेला अभूतपूर्व

प्रतिसाद लाभला आणि 55 सभासदांची नोंदणी झाली.

प्लास्टिकच्या पिशव्यांना आळा घालण्यासाठी रोटरी शेतकरी बाजाराचे ब्रांडींग केलेल्या कापडी पिशव्यांचे वितरण केले. प्लॅस्टिक ऐवजी कापडी पिशव्यांचे वितरण केल्या बद्दल खूप कौतुक झाले आणि पिशव्या कमी पडल्या. प्रा. डॉ. ढोके यांनी सर्व स्टॉल धारकांना भेटी देऊन त्यांच्याशी संवाद साधला व रोटरी शेतकरी बाजारात विक्रीसाठी उपलब्ध असलेल्या विविध हस्तनिर्मित उत्पादनांचे कौतुक केले.

त्यांनी रोटरीच्या शेतकऱ्यांपासून थेट ग्राहकांपर्यंत सेंद्रिय भाजीपाला पोहोचविण्याच्या या उपक्रमाचे कौतुक केले व सांगितले की या बाजारामुळे ग्राहकांना योग्य दरात उत्तम शेती उत्पादने उपलब्ध होत आहेत व शेतकऱ्यांना सुद्धा त्यांच्या मालाला योग्य तो मोबदला मिळत आहे. सदर बाजाराला मोठ्या संख्येने रोटेरियन्सची उपस्थिती लाभली. बाजार यशस्वी करण्यासाठी प्रेसिडेंट ओमप्रकाश रावत, सेक्रेटरी शिल्पा पारख ह्यांच्या नियोजनाखाली रोटरी शेतकरी बाजार समितीचे चेअरमन चेतन पवार, मंथ लीडर अनुजा चौघुले, कम्युनिटी सर्विस डायरेक्टर उन्मेष देशमुख, रोटरी हॉल व्यवस्थापक सुधीर वाघ यांचे सहकार्य लाभले.

## A brief History of Rotary Farmers Bazaar

In Rotary, service to community comes first, but the projects conducted earlier were restricted to health, literacy, sanitation concern of society. However, farming is backbone of Indian economy and was identified as a thrust area for our projects.

It was worth noting that while the Government of India – at both Central and State, have supported “organic farming” since 2005. The Ministry of Agriculture developed India’s first national-level Organic Farming Policy in 2005. However, concerted efforts to promote organic farming gained momentum only a decade later.

While as consumer, we not only understand but also feel and experience the merits of organic farming, from the obvious “better taste and quality” due to natural cultivation, to a more serious health concern due to use of “carcinogenic” chemicals, anti-biotics, hormones. Our Additional Secretary Rtn Hemraj Rajput has also pointed other benefits – notably – organic practices also focus on soil health through crop rotation, bio-diversity through farming of diverse crops in same land besides polluting soil and water through harmful chemical usage or even use of extensive machinery.

Yet, the lack of momentum?

Rotarians met farmers and experts in agriculture and found out that firstly the certification standards are high, there is lack of adequate knowledge of using bio-fertilizers, bio-pesticides, supplementary nutrients compared to heavy advertising and accessibility of the conventional farming eco-system. Organic farming is thus, expensive, due to costs associated with seeds, storage and other resources. Then on top of it, the yield or produce is at lower scale. Hence, the organic produce is expensive, and farmers do not get market compared to other vendors selling mass produce in same market.





Rotary Club of India also found that consumers have now increased awareness and preference for organic produce and are willing to pay some premium, aren't you? But where do we get "genuine" organic vegetables? How do we trust that the vendor isn't peddling his conventional produce as "organic"?

RCN bridged this gap between customers and farmers and led to conceptualization of Rotary Organic Bazaar. It started in 2018 under leadership of agro expert Rtn. Hemraj Rajput at our own Rotary Hall. In the beginning this activity was started twice a month on Tuesdays. A group of certified organic farmers were offered free space for their business by our club. Ever since this

launch, it has received overwhelmingly positive response.

In the year 2019-20 to make this bazaar stronger and more sustainable, a committee was formed under chairman Rtn Tushar Ugale. With all trial and error, it was decided to shift the bazaar to more customer friendly and prime location of the city and periodicity was increased to 2nd and 4th Sunday of every month.



To make this project a self-sustainable activity the committee worked on economics of the bazaar, framed detailed rules, prepared application form, decided guidelines for the participants etc. This exercise helped us in selecting right participants, almost 80% of our space is prebooked on yearly membership basis. Selective group of farmers with "certified" organic farming were registered. Additionally, other agro-based products (e.g. honey), home-made products (e.g., jam, pickles, soaps) were introduced through self-help ladies' groups.

As this movement has gained in popularity, also promoting the branding and imaging of Rotary Club, every new management team added

new dimensions – promotion through print (logo, flyer) and social media, events like annual inauguration, Salad demo, Raan Bhajya Mahotsav, Compost Demo. Of course there are feedback, suggestions and avenues to support both the farmers and customers.

Our Organic bazar policy is displayed on the board. Every stall is supported with full contact details. Our Interact as well as Rotaract members also volunteer along with fellow Rotarians on normal working Sundays and special events.

For the new 2024-25 year, we urge Rotarians to further create and spread "The Magic of Rotary" at Rotary Farmers Bazaar.





Insect house



Jasminum auriculatum (Jui)

The Rotary Club of Nashik has embarked on an exciting new fellowship initiative called the “Nature Trail.” Conceived by President Rtn Omprakash Rawat, an ardent trekker, and led by a passionate nature enthusiast i.e. myself - Rtn Amit Pagare. This monthly event promises a delightful escape into the great outdoors.

**Amidst the Verdant Canopy: A Refreshing Experience**  
Imagine strolling through lush greenery, the sun dappling the forest floor as you breathe in the crisp, invigorating air. The Nature Trail invites members to immerse themselves in the natural world, leaving behind the hustle and bustle of daily life. It's a chance to reconnect with the earth, to listen to the rustle of leaves, and to marvel at the intricate web of life that surrounds us.

While you are imagining the above, many Rotarians got a first-hand experience on July 14, 2024, at Grape County. The trail was well organized. A guide also showed a unique concept of “insect house” made of natural wood, dry leaves etc. of different types, which the insects like moths, gnats, wasps use as “home”. Then the group were introduced to different plants like Jasminum auriculatum (Jui), Cinnamomum Tamala (Tejpatta), Stevia (used as sugar substitute), Azadirachta Indica (Neem) and Citronella grass (crush and it smelt like mosquito repellent cream) and so on.

The group went up a watch-tower to enjoy the scenic view it offered of the Grape County area, followed by jungle walk - wading through leaves, twigs, water and lots of wet mud amidst dense green foliage, making it very thrilling and adventurous.

## Benefits Beyond the Trail

Beyond the sheer joy of being amidst nature, these walks offer tangible benefits. Here are a few reasons why you should lace up your hiking boots and join the Nature Trail:

1. **Physical Well-Being:** Walking through wooded paths, climbing gentle slopes, and navigating rocky trails provide excellent exercise. It's a heart-healthy way to stay fit while enjoying the beauty of Nashik's landscapes.
2. **Mental Refreshment:** Nature has a calming effect on our minds. The rustling leaves, the distant call of birds, and the scent of wildflowers all contribute to reducing stress and promoting mental well-being.
3. **Community Bonding:** The Nature Trail brings together like-minded individuals who share a love for the outdoors. Conversations flow freely, friendships blossom, and a sense of camaraderie develops as you explore together.
4. **Environmental Awareness:** As you walk, you'll learn about local flora and fauna. Understanding our natural surroundings fosters a deeper appreciation for conservation efforts and ecological balance.

So, next time a Sunday morning dawns, consider joining the Rotary Club's Nature Trail. It's not just a walk—it's an opportunity to rejuvenate your spirit, connect with fellow nature enthusiasts, and celebrate the beauty that surrounds us.





"Breathe in the fresh,  
breathe out the stress!"



#### BOOK-POST

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